



DWCD

NEWS

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International GIRL CHILD Day



International Girl Child Day

“Girls are leaders. Girls are change-makers. Girls are driving good and growth around the world. They are a fundamental source of transformational change for gender equality, and technology is a crucial tool to support their work, activism and leadership.”

International Girl Child Day was celebrated in all Anganwadi Centres across the state. The day raised awareness of issues girls face internationally, such as education, nutrition, child marriage, legal and medical rights, etc.

Rallies focussing on 'Beti Padoo, Beti Bachao' and activities for children were also organised to celebrate the day. The girls were also fed with nutritious food fed by AWWs.



A fun-filled day!

“The Children of today will make the India of tomorrow. The way we bring them up will determine the future of the country” Said India's First Prime Minister, Jawaharlal Nehru. Nehru was a great advocate for children's right and for an all-inclusive education system where knowledge is accessible to all. Hence Children's Day is celebrated throughout the country to mark the birth anniversary of our great leader.

Children's Day was celebrated with great zeal and pompous in AWCs all across the state. The classrooms echoed with shouts of joy, melodious singing and cheerful dancing. The children were given gifts, sweets and were served with a nutritious meal cooked by the Anganwadi teachers.

Children look forward to Children's Day as every year it is celebrated uniquely in all the anganwadi centres.



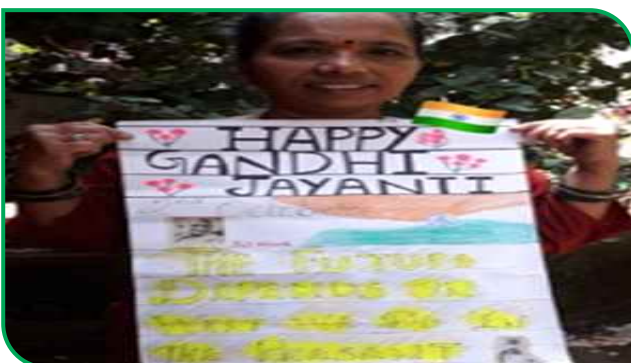
Celebrating Gandhi Jayanti

Gandhiji was deeply committed to the cause of leprosy and fighting it. To commemorate the birth anniversary of Gandhiji, the health workers organised an awareness programme where people were sensitised on the chronic infection.

The health workers also administered an oath on Leprosy, to fight it and create more awareness.

To promote the values of cleanliness, discipline and respect for environment, Anganwadi centres across the state hosted a cleanliness drive on the occasion of Gandhi Jayanti.

The cleanliness drive was started by taking a Swachhta pledge. A fancy dress competition was also organised for the children where they dressed like the father of the nation.



Saraswati Puja

Glimpses of Saraswati Puja held at Anganwadi Centres and Block offices.

Kanya Puja was also carried out. The ceremony primarily involves the worship of nine girls, representing the nine forms of Goddess Durga.



Rashtriya Bal Swasthya Karyakram (RBSK)

Rashtriya Bal Swasthya Karyakram (RBSK) was organised for the children of Tiswadi Block. Screening and referral tool for the children aged between 0-6 years was conducted.

The children enrolled under Anganwadi centers are reached systematically through Mobile Health Teams under RBSK. Thus, early identification of various health condition under RBSK, assured linkage to care, support and early treatment introduces equitable child health care approach which will, in the long run, reduce the burden of disease, improve awareness and promote health and development among children.



Nutrition the right way!

Nutrition plays a big role in the human life. Getting the right nutrition from a young age is extremely important for the development of a child, and the mother. Keeping this in mind various programmes and awareness programmes are planned around nutrition, and its benefits:



Demonstration on Millet was conducted for the beneficiaries by AWW. Millets are a whole grain that's packed with protein, antioxidants, and nutrients. They have numerous health benefits and are extremely beneficial for mothers and children.

A healthy nutritious diet is an essential component for all, the five main groups include grains, dairy, proteins, vegetables and fruits.

The AWWs conducted awareness sessions for the beneficiaries on the importance of millets and locally grown vegetables. Millets and locally grown food are packed with nutrients which have multiple health benefits.



An outreach/advocacy programme was conducted for the beneficiaries at WCD Block Dharbandora, on the importance of a vegetable rich diet.

The beneficiaries were encouraged to include more of locally available food products, vegetables, cereals, pulses, millets etc., as it does not only benefit the local farmer but taste fresher, have more nutrients, and use less packaging.



Swawlamban Scheme



Beautification and Hairstyling course was conducted for the women in WCD Dharbandora Block under the Swavalamban Scheme.

Swavalamban Scheme provides financial assistance to Mahila Mandals/women self-help to empower them to stand on their own feet. Through regular courses and skill training, the women are made self-reliant, and confident so that they can make an impact in their life and the community.



For women, financial independence is quintessential in today's age and day, and the Swawlamban Scheme by DWCD ensures just that.



The scheme provides financial assistance to SHGs/Mahila Mandals to empower them, pushing them towards their financial independence.

Glimpses of Hand Embroidery course under Swawlamban Scheme organised at Karmane Kirlapal Dabal by Shree Shakti Kudeshwar SHG at WCD Block Dharbandora.



Cooking course under Swavlamban Scheme was conducted at Kumbharwada Sacorda, for the Vakratunda SHG. Swawlamban scheme aims to improve the lives of women by training them to ensure their employment.

Aadhar Card Enrolment Camp



Aadhar card enrolment camp was organised for the children in Arpora, Shantinagar Anganwadi Centre.

Aadhar card is important as it helps keep the children closely associated with the various Government schemes for their benefits. The Aadhar enrolment camp is organised regularly for the children in Anganwadi centres.

World Iodine Day

World Iodine Deficiency Day observed every year on October 21 was celebrated at Anganwadi Centres.

Importance of iodine salt in diet was explained and salt packets were distributed to the beneficiaries. Iodine is one of the essential dietary mineral that is required in the human body for normal thyroid function, growth, and development. If a person suffers from Iodine deficiency it can lead to a number of health conditions that can even be fatal.



VHND

Village Health and Nutrition Day (VHND) and monthly immunisation was held at Bambolim Village Anganwadi Centre.

Healthy food habits, hygiene and correct cooking practices, locally grown produce, diet, checking of anaemia especially in adolescent girls and pregnant women was discussed with the beneficiaries.



Empowering women



Self-Help Groups take their steps towards self-dependence when they start saving through their small businesses. To help them turn this into reality, a financial advice meeting was organised by Axis Bank during the monthly meeting at the Block offices of the Department.

The women were advised on financial schemes beneficial for them and health coverage packages.